General Education

A child’s parent has the right to control his or her child’s education. Parents also have the responsibility to ensure that their child attends school regularly. In New York City, students are required to attend school from the age of 6 until the end of the school year in which they turn 17. Students have the right to be in school between the age of 5 until the end of the school year in which they turn 21 or until high school graduation, whichever comes first.

Under New York State law, a “person in parental relation” to a student is the person responsible for the student’s education. A person in parental relation includes the student’s:

- Father or mother, by birth or adoption;
- Step-father or step-mother;
- Legally appointed guardian; or
- Custodian – a person who has assumed the charge and care of the student because the parents or guardians are deceased, incarcerated, mentally ill, or have been committed to an institution, or because they have abandoned or deserted the child, are living outside the state, or their whereabouts are unknown.

A parent or guardian may designate someone else to act as a person in parental relation to his or her child, pursuant to the New York State General Obligations Law (see below).

Special Education

The federal Individuals with Disabilities Education Act (IDEA) provides for a child’s parent to play a key role in all aspects of the special education process, including consenting and contributing to evaluations, attending meetings, and, if the child is found eligible for special education, deciding if the child should or should not receive services.

NY State’s implementing regulations define “parent” for special education purposes as:

- A child’s birth or adoptive parent;
- A person in parental relationship to the child (such as a relative with whom the child lives);
- An individual designated by the birth parent as a person in parental relationship;
- A foster parent, if the birth parents’ rights have been terminated or surrendered, their rights to make educational decisions have been limited, or the parents are deceased;
- A person appointed by the judge to make educational decisions; or
- A surrogate parent.

If more than one person falls within the definition of “parent,” then the birth or adoptive parent is presumed to be the parent for special education decision-making. The law forbids the state education department, school district, foster care agency or other social service agency to act as a parent for a student with special education needs in foster care.
When a child has no parent to participate in the special education process, the school district must assign a surrogate parent to act in place of the child’s parents. A surrogate parent may be required if the parents are deceased, if their identities are unknown, if their rights have been terminated, or if, after making reasonable efforts, the school district cannot locate the parents. An unaccompanied homeless youth may also need a surrogate parent. A surrogate parent exercises the same rights as a parent in all issues concerning special education evaluations, services, and placement. School districts are required to maintain a list of individuals who are qualified to serve as surrogate parents for students who need them.

The school district must assign a surrogate parent within 10 business days of determining that a student needs a surrogate. A Family Court judge also may appoint someone as the child’s surrogate parent. An adult who has a relationship with the student, such as the foster parent, a relative, family friend, mentor, or coach may serve as the student’s surrogate parent. Otherwise, the student should be assigned a stranger surrogate from the school district’s list of qualified surrogate parents.

Foster parents are not required to complete a formal surrogate parent training in order to serve as a surrogate parent for a child in their care.

**Designating a Person in Parental Relation**

If a parent is unable to make education or health decisions for his or her child, he or she may temporarily designate another person to make those decisions, as long as the other person agrees. The person who takes on this responsibility is called the “designee.”

If the designation is for **less than 30 days**, it must be in writing and contain the following information:

- Parent’s name;
- Designee’s name;
- Child(ren)’s name(s); and
- Parent’s signature and date of signature.

In order for a designation to last **more than 30 days**, it must be notarized and contain the following:

- Name, address, and phone number of the parent;
- Name, address, and phone number of the designee;
- Child(ren)’s name(s) and date(s) of birth;
- Date or event upon which the agreement begins;
- Written consent of the designee;
- A statement that no court order prohibits the parent from entering into the agreement; and
- Parent’s signature and date of signature.

A parent may limit this agreement to a certain time period or to certain types of decisions, as long as these limitations are noted in the agreement. A parent may end the agreement at any time by notifying the designee, school, or health provider orally or in writing that he or she wishes to do so.

The agreement automatically ends if the parent creates a new agreement. The agreement will **automatically expire after six months**; it may be renewed. Any decision by the parent will trump a decision by the designee, even if an agreement is in effect at the time of the decision.

---

This guide does not constitute legal advice. It attempts to summarize existing policies or laws without stating the opinion of Advocates for Children. If you have a legal question, please contact an attorney or advocate.
Access to School Records

Under the Family Educational Rights and Privacy Act (FERPA), parents have the right to inspect and review their child’s education records maintained by the school and can request copies of the records from the school. A parent includes a natural parent, a guardian, or an individual acting as a parent in the absence of a parent or guardian. In the absence of a parent, New York City regulations include the representative of a foster care agency in the definition of “parent” for purposes of accessing education records. Noncustodial parents, including parents whose children are in foster care, maintain their rights under FERPA unless a court order specifically states otherwise.

Schools and school districts may not release education records unless the student’s parent (or the student, if he or she is over the age of 18) gives written consent. Although the following list is not exhaustive, there are some important exceptions to FERPA, which include:

- Requests from the agency case planner, when the child is in foster care. The agency cannot re-disclose the records except for the purpose of addressing the child’s educational needs;
- Requests from schools or school systems to which the student will transfer;
- Situations where the information is necessary to protect the health or safety of the student or other individuals; and
- Pursuant to a judicial order or subpoena, as long as the parent or student is notified prior to the release of records.

If you have further questions, please call: The Jill Chaifetz Education Helpline
Monday through Thursday
10AM to 4PM
866-427-6033 (toll free)

---

1 Winkelman ex rel. Winkelman v. Parma City Sch. Dist., 550 U.S. 516, 533 (2007) (holding that the IDEA grants parents independent, enforceable rights, which include the entitlement to a free appropriate education for their child); Meyer v. Nebraska, 262 U.S. 390, 399, 401 (1923) (recognizing a fundamental liberty interest in parents’ ability to determine the upbringing and education of their children).

ii N.Y. EDUC. LAW § 3212.

iii N.Y. EDUC. LAW § 3205(1); N.Y.C. Chancellor’s Regulation A-101.

iv N.Y. EDUC. LAW § 3212.

v Individuals with Disabilities Education Act, 20 U.S.C. § 1400 et seq.

vi 34 C.F.R. § 300.30; 8 N.Y.C.R.R. § 200.1(ii).

vii 34 C.F.R. § 300.519; 8 N.Y.C.R.R. § 200.5(n).

viii An unaccompanied homeless youth is a homeless youth who is not in the physical custody of his or her parent or guardian. 34 C.F.R. § 300.519(f).

ix 8 N.Y.C.R.R. § 200.5(n).


xi N.Y. GEN. OBLIG. LAW § 5-1551-55.


xiii 34 C.F.R. § 99.3.

xiv N.Y.C. Chancellor’s Regulation A-820.

xv 34 C.F.R. § 99.4.

xvi 20 U.S.C. § 1232g(b).

xvii Id. at § 1232g(b)(1)(B); 34 C.F.R. § 99.31(a).